3 Days In The Grave, which 3 days? you have to think the way a Jewish Believer does. In Jewish thinking a 24 hour day begins at sunset, not midnight. It’s just like Genesis 1:5 which goes in the order of evening first & then morning. The rule of interpretation is that scripture explains scripture. Jesus died at the end of ‘Friday’ & was buried before Shabbot (Saturday) began (which in Gentile way of thinking is Friday night, but in Jewish way of thinking is the beginning of the Sabboth/Shabbot. The 3rd day started at sunset on Saturday, which in Jewish thinking is the beginning of the first day of the week.

In Jewish thinking
Friday began at sunset on Thursday & ended at the following sunset.
Saturday began at sunset on Friday & ended at the following sunset.
Sunday began at sunset on Saturday & ended at the following sunset.
That makes 3 consecutive days that Messiah was in the grave. In that particular year, those days happened to be Friday, Saturday, & Sunday. He rose before daylight Sunday morning.

If the above doesn’t make sense to you, try the following:

The Creator defined the boundaries of a 24 hour day, & where it starts & where it finishes in Genesis 1:5,8,13,19,23 & 31.
Gen 1:5 [KJV] And the evening and the morning were the first day.
Gen 1:8 [KJV] And the evening and the morning were the second day.
Gen 1:13 [KJV] And the evening and the morning were the third day.
Gen 1:19 [KJV] And the evening and the morning were the fourth day.
Gen 1:23 [KJV] And the evening and the morning were the fifth day.
Gen 1:31 [KJV] And the evening and the morning were the sixth day.
Jesus says that each new day begins when the evening begins.
According to our Creator & our Redeemer,
Friday begins at sunset on Thursday & ends at the following sunset.
Saturday begin at sunset on Friday & ends at the following sunset.
Sunday [the first day of the week] begins at sunset on Saturday & ends at the following sunset.

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