And Adam knew Eve his wife; and she conceived, and bare Cain,

Where would she have acquired this concept of a spear from? There were no other people. Did they need a spear to ward off animals? Did they use one to pluck fruit from branches that were out of reach? It's also possible that this notion came from the star constellation 'Centurious'. The constellation is a man-horse combination [The horse part would represent servanthood] with a spear in one hand & a shield in the other. He is in the act of spearing his victim [which could either be a wolf or a lamb] .It's a pre-flood picture of what Messiah would accomplish. According to Josephus the knowledge of the stars goes right back to Adam & his son Seth. The star constellation pictures were corrupted into idol worship after the Flood. Chavah/Eve apparently thought Cain was the one who was going to take revenge on the snake. If she named him after the star constellation, then her mistake would be that she named Cain after the spear instead of after the one carrying the spear.

And said, I have gotten a man from the LORD.

And she again bare his brother Abel.

And Abel was a keeper of sheep, but Cain was a tiller of the ground.

And in process of time it came to pass, that Cain brought of the fruit of the ground an offering unto the LORD.

And Abel, he also brought of the firstlings of his flock and of the fat thereof.

For Abel, this was an act of faith. (Heb 11:4)

Why would he kill sheep if he didn't eat meat? Genesis 3:21. He knew that it took the death of a sheep to make a covering for sin. He took the very best of his first born ewes & sacrificed them to YAHVEH.
In OT worship, the fat was always offered to God (along with the animal's head upon which they laid their hands & confessed their sins. Lev 1:4,8). Because of this, the fat off of an animal was not to be eaten at any time. (See Lev 7:22-27) Keep in mind that Moses was the editor of this chapter, even though the original copy was probably written by Adam. When the Israelites read this, they understood that the only way to approach God was that a person first had to present a sin offering before any of his other offerings would be accepted. You have to have that understanding in order to understand what is going on here.

And the LORD had respect unto Abel and to his offering:

But unto Cain and to his offering he had not respect. Cain also knew that God couldn't be approached without presenting a covering for sin first. He refused to do this. Instead, Cain decided that God should accept him based on his own hard work. But God wouldn't even look at his offering!

By faith Abel offered to God a more excellent sacrifice than Cain, through which he obtained witness that he was righteous. God testifying of his gifts; & through it he being dead still speaks. (Heb 11:4)

And Cain was very wroth, and his countenance fell.

And the LORD said unto Cain,

Why art thou wroth?

And why is thy countenance fallen?

Genesis 4:1-15
If thou doest well, you will be forgiven (you will be forgiven & accepted & your countenance will be lifted up)

If thou doest not well, thou shalt be destroyed.

And unto thee shall be his desire, and thou shalt rule over him.

Did some animals eat meat before the Flood? There’s a lot of debate about it. There are two things that testify that some did. One is the fossil record. Sometimes fossil animals are found eating other fossil animals. They were buried in the process of eating their victims. The ones that I remember hearing about are fish. The other thing that testifies that they did is when God tells Cain, “And if you do not do well, sin is crouching at the door, and it’s desire is for you, but you must master it.” Genesis 4:7. God used an illustration that was familiar to Cain. It is of a predator, like some kind of cat or dog, lying in wait for its victim. (Snakes don’t crouch!) Another thing to consider is that Noach took on board the Ark animals & birds that had two classifications: They were either clean or unclean! A clean animal does not eat meat. It only eats from plants! Birds of prey are forbidden to be used as food in the Old Testament. (Leviticus 11:13-19) They are considered to be unclean. A fourth argument would be common sense. The curse began when Adam sinned. That was roughly 1500 or 1600 years before the Flood. Some animals would have died. In order to keep diseases from spreading, God sent His ‘clean-up crews’ to eat the carcases. Also, insects and bugs multiply rapidly. There had to be birds that kept their population in check. Those sorts of things happened before the Flood, but it is my understanding that most animals were primarily vegetarians. Even the ones that ate meat only did so on certain occasions. Most of the time they too ate plants.

Genesis 4:1-15
w-rocs.org
And Cain talked with Abel his brother:  
Apparently Cain told Abel what the LORD said to him & the matter was discussed between the two of them. Somebody else must have listened in on the conversation because what God said to Cain is recorded here.  
**Luke 11: 50-51 declares that Abel was a prophet.** A prophet is somebody who interprets or foretells the divine will or is an inspired speaker. [When Seth was born, he was born to replace Abel's calling. Adam & Eve had lots of kids, but **Seth was singled out to replace Abel**.]

and it came to pass, when they were in the field,  
that Cain rose up against Abel his brother, and slew him.  
1 Jn 3:11-12 For this is the message that you heard from the beginning, that we should love one another, not as Cain who was of the wicked one & murdered his brother. And why did he murder him? Because his works were evil & his brother's righteous.

And the LORD said unto Cain, Where is Abel thy brother?

And he said, I know not:

Am I my brother’s keeper?

And he said, What hast thou done?

The voice of thy brother's blood crieth unto me from the ground.

**Genesis 4:1-15**
And now art thou cursed from the earth, which hath opened her mouth to take possession of (seize, capture, receive) your-hand from your-brother blood-of /Y to receive thy brother's blood from thy hand;

When thou tillest the ground, it shall not henceforth yield unto thee her strength:

A fugitive and a vagabond shalt thou be in the earth.

And Cain said unto the LORD, My punishment is greater than I can bear.

Behold, thou hast driven me out this day from the face of the earth;
He had no grief over the loss of his brother. He only had grief over not being able to grow things from the ground anymore.

And from thy face shall I be hid;

And I shall be a fugitive and a vagabond in the earth;

And it shall come to pass, that every one that findeth me shall slay me.

Genesis 4:1-15

w-rocs.org
And the LORD said unto him, Therefore whosoever slayeth Cain, vengeance shall be taken on him sevenfold.

And the LORD set a mark upon Cain, lest any finding him should kill him.

Perhaps YAHVEH placed on Kayin the Hebrew letter used for the number seven.
In Biblical Hebrew it's a picture of a weapon, & it means 'to cut', or 'to cut off'.
In modern Hebrew it looks like this Z
It's the 7th letter of the Hebrew alphabet & it makes a 'z' sound.
In the oldest known writing, it was drawn as two parallel sticks disconnected from each other =
Later the Hebrews connected the two lines ≠ and eventually it became a Z.
Man had a number system right from the beginning.